



CLASS A

**Parkhurst Recreational Area
Pipestem Reservoir – Jamestown, ND
October 25, 2025**

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*“Elevating the standards
of good sportsmanship
and encouraging growth
through good citizenship”*



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Here's an effective way for you and your community to prevent the
#1 KILLER OF TEENS.



Impact

--- Teen Drivers ---

The ND Association of Counties has teamed up with the “Impact Teen Drivers – What Do You Consider Lethal” Campaign with a free interactive program for students, teachers and law enforcement. “Impact Teen Drivers” will help teens think about the deadly impact of distractions while driving.

To book this program, please contact:

ImpactTeens@ndaco.org
Vision Zero Outreach Program



VISION ZERO 

**2024 CLASS A
CROSS COUNTRY
STATE CHAMPIONS**



**Wil Ihmels
Century**



**Ruby Ihmels
Century**



BISMARCK DEMONS



Williston Coyotes

STATE CHAMPIONS BOYS

YEAR	TEAM	INDIVIDUAL	YEAR	TEAM	INDIVIDUAL
1961	Fargo	Gary Olson, Oak Grove	1991	Jamestown	Corey Ihmels, Williston
1962	Fort Yates	Gene Hebl, LaMoure	1992	Jamestown	Andrew Johannes, Fargo South
1963	Fort Yates	Bob Reitan, LaMoure	1993	Bismarck	Mike Lindquist, Bismarck Century
1964	Fort Yates	Harold Iron Shields, Fort Yates	1994	Jamestown	Brian McCulley, Fargo South
1965	Fort Yates	Wallace Balliet, Fort Yates	1995	Jamestown	Brian McCulley, Fargo South
1966	Bismarck	Casey Ryan, GF Central	1996	Jamestown	Justin Schweitzer, Jamestown
1967	Bismarck	Randy Lussenden, Bismarck	1997	Jamestown	Cory Wiley, Jamestown
1968	Bismarck	Leon Conitz, Bismarck	1998	GF Central	Wade Juntunen, GF Central
1969	Jamestown	Leon Conitz, Bismarck	1999	Fargo South	Andrew Carlson, Fargo South
1970	Fargo North	Bill Watson, Fargo North	2000	Dickinson	Lee DeKrey, GF Central
1971	Bismarck	Jon Metropoulos, Bismarck	2001	Valley City	Chad Bergan, Valley City
1972	Bismarck	Jon Metropoulos, Bismarck	2002	Fargo South	Chad Bergan, Valley City
1973	GR Red River	Lyle Witham, Minot	2003	Fargo South	Jory Zunich, Williston
1974	Minot	Jon Morrison, Minot	2004	Williston	Jory Zunich, Williston
1975	GR Red River	Bob Newark, GF Red River	2005	Bismarck	Sam Larson, Jamestown
1976	Minot	Cal Utke, Minot	2006	Bismarck	Sam Larson, Jamestown
1977	Jamestown	Tim Wheeler, Dickinson	2007	Bismarck	Joash Osoro, Bismarck
1978	Jamestown	Nick Gervino, Valley City	2008	Bismarck	Joash Osoro, Bismarck
1979	Williston	Jim Herberg, GF Central	2009	Bismarck	Christian Brownotter, Bismarck
1980	Williston	Jim Herberg, GF Central	2010	Bismarck	Jake Leingang, Bismarck
1981	Mandan	Tom Kringstad, Bismarck Century	2011	Bismarck	Jake Leingang, Bismarck
1982	Mandan	Jeff Dick, Jamestown	2012	Bismarck	Jake Leingang, Bismarck
1983	Mandan	Jeff Dick, Jamestown	2013	Bismarck	Matt Gotta, Bismarck
1984	Williston	Blair Holzer, Fargo South	2014	Bismarck	Sam Clausnitzer, Bismarck
1985	Fargo South	Rob Heen, Williston	2015	Bismarck	Sam Clausnitzer, Bismarck
1986	Dickinson	Rob Heen, Williston	2016	Century	Hunter Lucas, Fargo Davies
1987	Bismarck	Matthew Olson, Valley City	2017	Century	Evan Sayler, Century
1988	Jamestown	Fred Stoskopf, Mandan	2018	Williston	Sean Korsmo, Bismarck
1989	West Fargo	Corey Ihmels, Williston	2019	Century	Brady Yoder, Dickinson
1990	West Fargo	Corey Ihmels, Williston	2020	Century	Sean Korsmo, Bismarck
			2021	Williston	Aiden Johnson, WF Sheyenne
			2022	Williston	Brady Korsmo, Bismarck
			2023	Bismarck	Owen Sonda, Fargo North
			2024	Bismarck	Wil Ihmels, Bismarck Century

GIRLS

YEAR	TEAM	INDIVIDUAL	YEAR	TEAM	INDIVIDUAL
1979	Jamestown	Joan Hammeren, Bismarck	2001	Dickinson	Allison Pritchard, Dickinson
1980	Valley City	Joan Hammeren, Bismarck	2002	Dickinson	Kendra Lystad, Fargo South
1981	Bismarck	Joan Hammeren, Bismarck	2003	Dickinson	Kendra Lystad, Fargo South
1982	Bismarck	Joan Hammeren, Bismarck	2004	Dickinson	Melanie Funke, Minot
1983	Bismarck	Joan Hammeren, Bismarck	2005	Jamestown	Melanie Funke, Minot
1984	Bismarck	Tammy Birch, Minot	2006	Minot	Laura Roesler, Fargo South
1985	Minot	Tammy Birch, Fargo South	2007	Bismarck	Laura Roesler, Fargo South
1986	Minot	Jenny Schmeichel, Jamestown	2008	Bismarck	Alissa Mears, West Fargo
1987	Mandan	Robyn Jokumson, Wahpeton	2009	Bismarck	Tarin Lachowitz, Fargo South
1988	Mandan	Julie Hornbacher, Minot	2010	Fargo Davies	Tarin Lachowitz, Fargo Davies
1989	Mandan	Robyn Jokumson, Wahpeton	2011	Fargo Davies	Tarin Lachowitz, Fargo Davies
1990	Mandan	Jenny Schmeichel, Jamestown	2012	Bismarck	Brittany Brownotter, Bismarck
1991	Jamestown	Becki Wells, Dickinson	2013	Bismarck	Jordan Jacob, Bismarck Century
1992	Jamestown	Becki Wells, Dickinson	2014	Century	Karly Ackley, Grand Forks Central
1993	Jamestown	Laurie Fox, Jamestown	2015	Bismarck	Mattie Shirley-Fairbairn, Bismarck
1994	Minot	Laurie Fox, Jamestown	2016	Fargo Davies	Karly Ackley, Grand Forks Central
1995	Jamestown	Heidi Brenden, Minot	2017	Fargo Davies	Kelby Rinas, Mandan
1996	Jamestown	Jessica Schweitzer, Jamestown	2018	Fargo Davies	Meghan Ford, Jamestown
1997	Jamestown	Beth Hoge, Bismarck Century	2019	West Fargo	Meghan Ford, Jamestown
1998	Jamestown	Jennifer Falk, Jamestown	2020	Williston	Meghan Ford, Jamestown
1999	Jamestown	Penny Splichal, Dickinson	2021	Williston	Eleni Lovgren, Williston
2000	Dickinson	Penny Splichal, Dickinson	2022	Williston	Jaelyn Ogle, Watford City
			2023	Bismarck	Jocelyn Schiller, Red River
			2024	Williston	Ruby Ihmels, Bismarck Century

COACHES & BOX ASSIGNMENTS				
SCHOOL	BOYS COACH	BOX	GIRLS COACH	BOX
Bismarck Century	Brad Lies	6	Kate Fox	6
Bismarck High	Scott Reichenberger	13	Janelle Olson	16
Bismarck Legacy	Kelsey Reimnitz	12	Kelsey Reimnitz	5
Devils Lake	Nick Kavli	7	Nick Kavli	1
Dickinson	Lisa Keith-Townshend	5	Lisa Keith-Townshend	8
Fargo Davies	Jason Holland	14	Jason Edwards	2
Fargo North	Gary Mailoux	18	Aaron Walker	18
Fargo South	Dustin Swanson	9	Jason Swier	14
Grand Forks Central	Sean Allan	16	Kyle Rosseau	12
Grand Forks Red River	Richard Dafoe	8	Nicole Kopff	10
Jamestown	Ken Gardner	19	Ken Gardner	7
Mandan	Bill Greb	20	Gregory Brown	4
Minot	Lance Gehring	4	Carla Wahlund	13
Minot North	Troy Wendt	1		
Shanley	Chris Foerster	2	Chris Foerster	17
Turtle Mountain		21		
Watford City	David Gumke	3	David Gumke	19
West Fargo	Brad Amundson	11	Brad Amundson	9
WF Horace	Leigh Daley	15	Leigh Daley	15
WF Sheyenne	Troy Thorson	17	Troy Thorson	11
Williston	Shane Wahlstrom	10	Chase Gregory	3

SCHEDULE

- 12:00 PM Course Opens
- 1:15 PM Coaches Meeting
- 2:00 PM Class A Girls
- 2:45 PM Class A Boys

**AWARDS TO FOLLOW*



Official Sports Medicine Provider
for Blue Jay Athletics

CLASS A BOYS ROSTERS

Last	First	Gr.	Last	First	Gr.	Last	First	Gr.
Bismarck			Fargo North			Legacy		
Askvig	McKale	10	Cerney	Isaac	12	Brunelle	Deandre	10
Brown	Tucker	11	Christianson	Soren	9	Burke	Noah	10
Buechler	Braxton	12	Goerger	Michael	7	Deede	Easton	9
Eberle	Cooper	10	Jarvis	James	9	Fonder	Kyjuan	11
Hanson	Miles	9	Pfau	Karter	12	Horner	Lucien	11
Hintz	Owen	12	Pochmara	David	11	Hovland	Isaac	10
Loraas	Kyler	12	Riedinger	Liam	8	Logan	Jacob	12
Schumacher	Nathaniel	12	Schneider	Landon	9	Newman	Fontez	10
Wick	Austin	12	Schoepp	Josiah	11	Wald	Lance	11
Windsor	Jacob	12	Tackling	Oliver	11	Wetzel	Chance	10
Century			Fargo South			Mandan		
Anderson	Hayden	10	Barglof	Colton	9	Backes	Abel	9
Brinson	Brody	9	Irish	Alexander	9	Dockter	Torin	10
Bullinger	Hudsen	10	Kain	Alex	12	Geiger	Tait	12
Eberts	Eli	10	Millington	Liam	11	Helbling	Austin	10
Elsberry	Jack	10	Peterson	Teagan	10	Sayler	Jack	11
Hamilton	Trent	12	Roehl	Mason	10	Schanandore	Jacob	9
Kaufman	Bracston	9	Smith	Jackson	9	Schanandore	Zachary	11
Kuklok	Seamus	11	VanCamp	Calvin	11	Thunder Hawk	Gavin	12
Neset	Quinn	10	Wiley	Miles	11	Vesey	Brayden	12
Reis	Devin	10				White Buffalo	Yates	8
Davies			Grand Forks Central			Minot		
Anderson	Jack	8	Borboa	Kellan	8	Carlson	Cohen	10
Brachman	Jack	9	Halvorson	Jaded	11	Crouch	Beck	9
Currence	Kasen	12	Johnson	Blaine	10	Fogarty	Beckett	9
Henry	Toby	11	Machart	James	9	Gorneau	Aijay	12
Johnson	Chance	10	Martin	Grant	11	Klingbeil	Tobiah	9
Naujokas	Kaj	11	Salberg	Steven	12	Oswald	Xavier	11
Rout	Luka	10	Sapaugh	Ben	8	Reister	Kade	10
Swanson	Hunter	12	Selby	Gage	7	Ulrickson	Grey	10
Szczepanski	Grady	9	Sickler	Ben	9			
Thomson	Keagan	10	Uhlir	Ty	11			
Devils Lake			Horace			Minot North		
Ackerman	Aiden	11	Barnett	Dayson	8	Ahrens	Jonah	11
Bennett	Rylan	9	Cook	Nathan	12	Dube	Nicholas	10
Bennett	Zane	11	Karjalainen	Eli	8	Edwards	Lenon	11
Bryce Volk	Caber	12	Robinson	Matthew	11	Folk	Jon	11
Day	Rylan	12	Sappington	Zevon	10	Johnson	Jasper	8
Kraft	Isaac	9				Langan	Joseph	10
Kremer	Ty	11				Mendola	Kalae'o	10
McLaurin	AJ	7				Noel	Tristian	9
Nelson	Blake	9				Perez	Julian	10
Wanner	Keifer	9				Stai	Levon	11
Dickinson			Jamestown			Red River		
Ash	Eli	11	Brickner	Drew	8	Balkowitsch	Kadyn	10
Binstock	Kaleb	11	Champagne	Tristan	9	Burbank	Harper	10
Goettle	Lincoln	12	Corell	Bryson	9	Casetta	Giovonni	8
Hammond	Gage	10	Heupel	Heath	11	Cook	Camrin	10
Hecker	Ryder	12	Tyson	William	8	Dunnigan	Cohen	11
Jangula	Wyett	11	Velek	Jaydyn	12	Green	Eben	8
Jones	Jason	9	Wiley	Flynn	8	Hartze	Logan	11
Ricks	Benjamin	9				Johnson	Espenn	9
Ricks	Gabriel	12				Johnson	Scott	11
Wolf	Jacob	9				Pruitt	Oscar	10

Last	First	Gr.	Last	First	Gr.	Last	First	Gr.
Shanley			Turtle Mountain			West Fargo		
Carroll	Quinn	12	Azure	Carter	10	Ableman	Preston	12
Chaffee	Hayes	7	Breland	William	12	Erdmann	Tanner	11
Chaffee	James	10				Krenz	Brennen	11
Costello	Taylan	10				Miller	Christian	11
Ellsworth	Jaden	10				Rudolph	Ethan	12
Erickson	Ethan	11				Senger	Zander	12
Foerster	Cole	10				Smith	Zane	11
Nelson	Titus	9				Stegman	Jake	12
Och	Aiden	10				Stevens	Chance	10
Shorma	Peter	10				Thoreson	Tanner	12
Sheyenne			Watford City			Williston		
Arens	Liam	12	Bocanegra	Tovar	11	Adkins	Wyatt	12
Bruce	Chase	11	Langerud	Jace	9	Ames	Cooper	11
Duerr	Zach	12	Mitchell	Judah	12	Asprey	Tyler	11
Jensen	Christian	9	Odenbach	James	12	Cowan	Owen	12
Kotala	Abhi	11	Suek	Jayden	12	Egerman	Cohen	9
L'Heureux	Devin	11				Finders	Lucas	12
Mielke	Lincoln	10				Frise	Travis	10
Peterson	Caden	12				Grunenwald	Jacob	11
Sprout	Cameron	11				Harrington	Blaine	9
Suezle	Joshua	11				Tolman	Maddox	9



CLASS A GIRLS ROSTERS

Last	First	Gr.	Last	First	Gr.	Last	First	Gr.
Bismarck			Davies			Dickinson		
Cavett	Taylor	12	Ballinger	Kaitlyn	8	Alejandro	Sophie	8
Cherney	Addison	9	Bock	Addison	12	Dougherty	Lacie	9
Dahl	Izzy	11	Braaflat	Brynn	11	Filipi	Austyn	12
Farrell	Catherine	12	Lies	Ellie	10	Filipi	Morgyn	10
Hintz	Hannah	9	Melendez	Elaina	8	Gregoire	Leila	12
Jorgenson	Teagan	11	Melendez	Jaden	10	Kenitzer	Evalyn	9
Kleser	Aubrey	12	Nesius	Davin	12	Martin	Erin	10
Lawson	Delanie	11	Steckler	Kinley	12	Praus	Abby	11
Penn	Kari	10	Stevens	Brielle	9	Schilling	Emily	10
Traynor	Nora	11	Thomson	Laney	10	Wood	Claire	11
Century			Devils Lake			Fargo North		
Backer	Vivian	11	Goss	Dottie	10	Burt	Judith	9
Bergquist	Isabella	8	Johnson	Brooklyn	8	Gates	Maria	11
Bullinger	Briella	8	Kraft	Anna	12	Hillmer	Ingrid	10
Echelbarger	Audrey	9	Leiphon	Scarlett	7	Hodges	Piper	9
Ihmels	Ruby	11	Nelson	Elicia	11	Kaldor	Emma	7
Kern	Danae	12	Nelson	Livia	12	Medders	Sadie	10
Lemer	Jillian	12	Schmiess	Riley	9	Melby	Isla	10
Simmers	Julia	9	Triepke	Tenley	9	Pochmara	Elizabeth	9
Volk	Maggie	7	Wass	Ella	10	Simmons	Rilo	9
Wegner	Lyla	7	Yoder	Ealynn	9	Wilson	Gweneth	12

Last	First	Gr.	Last	First	Gr.	Last	First	Gr.
Fargo South			Mandan			Watford City		
Barbot	Summer	11	Alderin	Carlee	9	Eye	Joscelynn	8
Christianson	Peyton	7	Berreth	Hannah	9	Fahrman	Tynlee	8
Gorder	Sydnee	12	Dockter	Ellie	10	Mayden	Ashlyn	10
Hanson	Lucy	10	Grubb	Reagan	11	McCoy	Philomena	8
Hashbarger	Eve	12	Kautzman	Adrianna	11	Olson	Katie	12
Larson	Megan	9	Lindsley	Arianna	9	Olson	Lola	11
Motschenbacher	Clara	12	Myhre	Mailey	10	Spotted Bear	Brooklynn	9
Proulx	Cora	8	Shane	Sundriana	12	Thorne	Tylee	9
Rudolph	Ava	12	Weisbeck	Ambry	10	Ybarra	Eden	9
			Weisbeck	Hayva	7			
Grand Forks Central			Minot			West Fargo		
Bertleson	Rylee	12	Anderson	Olivia	8	Dilly	Makenna	12
Champion	Claire	9	Burdick	Grace	10	Duffy	Grace	10
Cokeley	Phoebe	9	Jackson	Kaylee	10	Duffy	Hannah	7
Fiala	Claire	11	Jackson	Makenna	10	Hagen	Kiaya	12
Fiala	Paige	9	Jundt	Lilli	10	Jacobson	Maggie	9
Ihry	Emmi	9	Kopp	Alyviah	10	Lindgren	Samantha	10
Kuster	Maddie	9	Lade	Sophia	11	Rudolph	Brynn	9
Rosales	Hadley	9	Louser	Kamryn	8	Schoessow	Julie	11
			Mesman	Royce	11			
			Ulrickson	Scout	12			
Horace			Red River			Williston		
Bishop	Adorah	12	Benton	Grace	10	Ames	Finley	9
Herrick	Brooklyn	12	Green	Mattea	11	Ditch	Sylvia	7
Lemke	Nora	9	Hoefs	Jocelynne	11	Hering	Ellie	7
Novak	Cambelle	9	Howard	Emma	10	Jeannotte	Harley	10
Petrick	Ella	8	Johnson	Ellie	12	Kitchens	Brooklynn	12
Williamson	Elizabeth	11	Nelson	Miabella	10	Moss	Cambree	11
			Parks	Ava	12	Norpel	Olivia	7
			Riedy	Macie	10	TeSoro	Abbey	12
			Stefanich	Anne	9	Vigness	Brenly	9
			Thompson	Peyton	7	Wold	Angela	12
Jamestown			Shanley					
Becker	Layla	10	Aakre	Annika	12			
Fitzgerald	Hattie	8	Bernhardt	Elle	11			
Harms	Clara	11	Childress	Violet	8			
Hoffer	Layna	11	Dean	Kami	12			
Jackson	Hadley	9	Elbert	Lily	12			
Maddock	Isabelle	9	Grothmann	Lucy	12			
Maus	Marcella	7	Johnson	Mykenna	11			
Maus	Millicent	9	Olivieri	Angelina	10			
Miller	Khloe	8	Rogness	Meg	9			
Thomas	Ella	12	Wolf	Mary	11			
Legacy			Sheyenne					
Bless	Payton	10	Braunagle	Tenley	7			
Burke	Lily	12	Fellows	Emmie	9			
Cullinan	Zaiya	10	Kildahl	Audrey	9			
Hildremyr	McKenzie	12	L'Heureux	Kiley	9			
Malhum	Kaitlyn	9	Larson	Sara	10			
Renner	Grace	9	Madrigga	Kathryn	11			
Selensky	Ella	10	Scott	Abby	7			
Woeste	Kate	8	Scott	Sophie	9			
Woeste	Lauren	12	Slinde	Brynley	7			
Wood	Gabby	9	Swenson	Tanna	11			





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INVESTING IN NORTH DAKOTA'S FUTURE

Today's youth are the future of North Dakota and healthy activity builds better community involvement and personal character.

That's why Farmers Union Insurance proudly invests in our state's youth with a continuing commitment as the Premiere Partner of the North Dakota High School Activities Association.